

Sept 5, 2018

2018-2019 Syllabus



Our mission: Promoting health awareness, a sense of community, and a lifelong appreciation for fitness

Brendan Hyland

hylandb@issaquah.wednet.edu

Tracy Schellberg

schellbergt@issaquah.wednet.edu

McKenzie Wincewicz

wincewiczm@issaquah.wednet.edu

Student & Teacher

Communication

Please help us to help your student become more responsible for their own learning by following the communication protocol below if questions arise (Grades, PE makeups, etc.)

1st step: *Teacher and student face to face conversation*

2nd step: *Student to teacher email correspondence (if needed)*

3rd step—*Parent/Teacher communication (if still unresolved)*

PE MAKE UPS

Students are permitted to make up any **excused** absences (non excused absences can't be made up) Non suit days are not allowed to be made up

Make up days are the last 4 Tuesdays /Wednesdays (AM & PM) of the Quarter. See teacher website for dates.

Make ups **must be completed** by the end of each quarter.

Three make ups may be made up off campus. See form on PE website for more info.

Absences not made up will result in **5% off the total grade /absence** (under grade adjusted on skyward)

Runs— any run over 1.25 must made up with that distance— regular PE makeup/outside PE makeups will not count

PE UNIFORMS

PE uniforms are required daily.

Students not dressed in PE uniform will be given a non suit for the day.

Uniforms are available for purchase. \$8 cotton T-shirts or \$10 Performance Shirts

Tennis/Athletic shoes are required.



GRADING

Students in Physical Education classes are graded on a rubric system.

A student's grade will be affected if he/she is not in attendance, does not change into workout clothes, and/or chooses not to participate in class.

Other factors that will affect a student's grade are: attitude, leadership, tardies, not following class rules and incomplete assignments.

The grading scale is found in the student handbook.

Absences will be marked **"no count"** and missing as to not penalize you twice. You are responsible for the makeup even though it says **"no count"**.

SKYWARD & YOUR GRADE

When checking your PE grade, do so from a desktop. Your phone app will not show your grade accurately as it does not take into account the grade adjustment for PE makeups. Grade adjustments will show up in the **Quarter grade** we are currently in. Therefore, semester grades will not reflect the true grade until after finals have been imputed

INAPROPRIATE SHOES and CELL PHONES

Cell phones are not allowed in the gym or weight room. Points will be lost accordingly:

1st time= 0 pts, can make up

2nd time = 0 pts, no make up

3rd time = 1% off total grade

OTHER ITEMS NEEDED:

-Comp book- Sept 7, 2018



MEDICAL NOTES

Medical notes from home are allowed for **two** days. If the injury or illness is **more than two** days a doctor's note is required to be excused from PE. All medical excuses will be required to be made up as well.



ACADEMIC INTEGRITY

Students found not upholding academic integrity will be held accountable at teacher discretion.

1st offense: 0 pts, can be made up at teacher discretion

Repeated offenses: 0 pts and 5% off total grade

SPARTAN 5K

Part of the final is completing a 5k to be held **Jan 17, 2019**.

If the student has to miss this date due to illness, absence etc, he/she will be expected to complete the make up day (held after finals).

This is part of the final. Grades will be based upon student goal setting.



SKYLINE ATHLETES

All student athletes are expected to dress out and fully participate on competition/game days.

Students who opt out of participating because they have a competition/game that evening will not be allowed to make up points.

I have read and understand the **Physical Education** guidelines. Return by **Sept 7, 2018**

Student Name (printed) _____

Student Signature _____

Parent Signature _____

Date _____

PE Teacher _____ Class Period _____

