“Essay Intro to fitness” **DUE By the end of class**

Our class is doing things different this semester for finals…it’s a paper! Hooray! If your paper is written well enough and it is CLEAR to me that you really spent a lot of time on it, you will get a good grade. If you lollygag around and do not put in effort to your paper, you will not be getting a good grade. Simple, right? You will have no rubric on this paper and I want you to think outside the box and explore ideas you have. I am giving you some autonomy in this and I expect great results! So without further ado, here is what I want…

1. Pick **3** sports/activities that we did in this class and focus on them **(write them below). ALSO**, add in one more sport/activity of your choice that we did not do in class (so a total of 4)
2. Make a case for your activities. Your goal in your paper is to convince an organization to keep those 4 activities a part of high school PE. You can bring in anything in your LETTER that you feel will help convince the “Banning of America Organization”. **Use Times New Roman, 12 point font, single spaced, and at LEAST a page and a half. If it is not, I will NOT GRADE IT!!!! Do not include a heading, just have the title be “Dear Banning of America Organization,” double enter and then write your letter. Print and sign your name at the bottom.**
3. Remember, (1) you are free to be creative (2) the only rules are in the above paragraph (3) if you take your time and present a great case and present it well, you will get a good grade.
4. If you choose to not complete the paper, you not be able to get credit for the class!!! Remember, if it is not the above criterion, I will count that as “not doing the paper”.

REMEMBER THE FOLLOWING!!!

\_\_\_\_\_TIMES NEW ROMAN FONT

\_\_\_\_\_12 POINT FONT

\_\_\_\_\_SINGLE SPACED

\_\_\_\_\_1.5+ PAGES

\_\_\_\_\_ Turned in at the beginning of class January 14th (and we still have a full class afterwards)

This is all the information you will get, may the odds be ever in your favor